



**BLACK
SHEEP**
ADVENTURES

HIKE. BIKE. RAIL. TRAVEL EWEPHORIA.

Bike.

Sonoma Bike Tour

April-October

TOUR RATING: **NOVICE-ADVANCED**



TOUR HIGHLIGHTS

- Enjoy carefully curated bike routes including King Ridge and Coleman Valley Road
- Sleep in style at three of our favorite hotels in Sonoma
- Savor some exceptional farm-to-table meals and sample local wines
- Experience a range of scenery from vineyards to Pacific Ocean vistas with rides among redwoods and along mountain ridges

Get acquainted with Northern California's Wine Country and the Pacific Coast on our six-stage Sonoma Bike Tour that even the pros would envy. We'll expose you to valleys of world-famous vineyards, forests of massive redwoods, perfect pastoral landscapes and the captivating California Coast. We spend the entire week in Sonoma, the neighboring county just to the west of Napa Valley. Sonoma's roads are exceptional for cycling accommodating a range of abilities. Our Sonoma Bike Tour has been designed to offer a comprehensive cycling experience within California's celebrated Wine Country.

Questions?

Call 866-OH-SHEEP (866-647-4337)

info@BlackSheepAdventures.com

[BlackSheepAdventures.com](https://www.BlackSheepAdventures.com)

Based in Piedmont, California



Itinerary

DAY
1

Meet San Francisco, Ride Petaluma to Healdsburg
- up to 53 miles with 2,600 ft gain & loss

Meet in San Francisco and we will shuttle you the rest of the way to our starting location for our Sonoma bike tour. Once in Petaluma, after introductions and a brief orientation meeting, you'll bike through rolling oak and grassy terrain, then continue through the Russian River wine growing regions into Healdsburg. Tonight's team dinner is at Spoonbar Restaurant for "some of the most satisfying and modern food in Sonoma County". Sleep well in our lodging for the next 2 nights at the h2hotel Healdsburg. Meals included: Dinner

DAY
2

Dry Creek & Chalk Hill Loop
- up to 62 miles with 2,700 ft gain & loss

We offer up a route today that is pure perfection, starting and ending in Healdsburg. Some of the nation's best-rated wineries are on this route, but we'll prove to you that it's the cycling that truly makes this region iconic. Beginning in the heart of the Dry Creek Valley, we'll traverse east into the awaiting embrace of Alexander Valley, full of wineries and butted-up against volcanic mountains. Then it's an honest climb up and over Chalk Hill, known for its excellent grape growing conditions, which delivers us along the edge of the Russian River Valley. Treat yourself to splendid vistas of vineyards and the surrounding mountains throughout the day. This afternoon, it's time to sample what we've been seeing, so we'll take the opportunity to visit a guide-favorite winery and explore the Sonoma varietals that put this region on the map. An extended Bighorn Ride tackles an additional loop in Dry Creek before heading back to Healdsburg to enjoy the rest of the day in town. Dinner tonight will be on your own with many selections to choose from. Meals included: Breakfast & Lunch

DAY
3

Healdsburg to Timber Cove via King Ridge Road
- up to 61 miles with 4,600 ft gain & loss

Today we leave the vineyards behind us as we ride through the redwoods of the Russian River to the tiny bohemian town of Cazadero. From there, we have a significant ride up King Ridge Road, one of the greatest cycling routes anywhere. It climbs steeply through a dense redwood forest, emerging into sunlight and grassy meadows of the coast range. Ride from hotel to hotel with the Bighorn option, or shuttle the first 25 miles and take time to visit the Armstrong Redwoods State Park before hopping on the bike. King Ridge undulates along the crest of this coastal range before plummeting through the redwoods back to the sea. Our lodging and team dinner tonight are at Timber Cove, a quiet and calming resort with amazing views of the Pacific. Meals included: Breakfast & Dinner

DAY
4

Timber Cove to Bodega Bay
- up to 41 miles with 2,800 ft gain & loss

Enjoy the morning with a leisurely breakfast after yesterday's big effort. Today's ride will hug the Pacific Coast along Highway One, arguably one of the most scenic roads you'll ever experience. There is very little development on this section so the traffic is minimal as the road twists and turns along this rugged and unspoiled section of the Pacific's edge. The sound of waves crashing below will carry you south to the Bodega Bay Lodge and Spa, our home for the next two nights. Here you can enjoy the views of the bay from your patio, or better yet, unwind with a massage. Dinner tonight is at the hotel's restaurant, Drakes Sonoma Coast Kitchen. Meals included: Breakfast & Dinner

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Occidental Loop - up to 49 miles with 3,800 ft gain & loss

Roll out south from Bodega Bay along Highway One for several more miles to the town of Freestone and home to one of the best bakeries we've visited. Grab a snack and enjoy that espresso, then it's through the redwoods again to the bohemian town of Occidental. Here, you can opt for our Bighorn Ride extension along the Bohemian Highway to the town of Guerneville and back along rolling country roads to Occidental before rejoining the main route. Round out the circuit with an ascent of Coleman Valley Road, a challenging climb featured in the Amgen Tour of California professional stage race. Later this afternoon, we thought you might enjoy a toast to a week of rock-solid riding, so we've arranged a tasting at another Sonoma standout winery to raise a glass and cheers your friends, both old and new. The final group dinner this evening is at the nearby award-winning restaurant, Terrapin Creek Cafe. Meals included: Breakfast & Dinner



Coastal Roll, Depart San Francisco - up to 23 miles with 1,900 ft gain & loss

Spin out the legs on a loop ride in Sonoma's golden farmland. Coastal views and rolling hills are the highlight for this morning's final cool down. After returning to Bodega Bay Lodge, you'll have time to clean up and check out, and we'll transfer you back to San Francisco where we will say goodbye and you can continue your adventure as you please! Meals included: Breakfast

Pricing

TRIP COST	PAYMENT TERMS
<ul style="list-style-type: none"> • \$2,795 each based on double occupancy • Single Supplement: \$895 	<ul style="list-style-type: none"> • \$750 deposit due to hold space • Balance due 90 days prior to departure (can be auto-collected if you pay by credit card)
TRIP PRICE INCLUDES	TRIP PRICE EXCLUDES
<ul style="list-style-type: none"> • Lodging as outlined in lodging section below based on double occupancy • Meals as noted in itinerary above • Non-optional activities as outlined in itinerary above • Ride-friendly snacks and beverages throughout each day • Hybrid or alloy road bike rental – carbon road bike or E-bike available for an upgrade fee • Services of professional trip leader(s) • Van support during the trip & portering service • Black Sheep Adventures jersey, water bottles & luggage tags 	<ul style="list-style-type: none"> • Pre & post tour travel • Alcoholic beverages • Optional activities such as spa treatments • Gratuities for your BSA guides

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Lodging

h2 Hotel – 2 nights

A LEED-certified “green” hotel ideally located in downtown Healdsburg. Features a living roof, bamboo flooring, solar heating, a heated pool, bar and restaurant.

Timber Cove – 1 night

Perched on a dramatic bluff high above the Pacific Ocean lies Timber Cove: iconic, reimagined. A one-of-a-kind hotel situated within California’s ruggedly breathtaking Sonoma coastline, Timber Cove is a magical place where stately redwoods pay homage before the vastness of the sea. Guests experience a deep connection with nature, both land and sea, while relaxing in a casual, sophisticated space

Bodega Bay Lodge – 2 nights

This fantastic accommodation is a AAA 4-diamond lodge overlooking the Pacific Ocean, Doran Beach State Park and the spectacular green bluffs of Bodega Head. All 84 guestrooms have ocean views, sweeping vistas, and sea breezes all enhanced by bird calls and calming sounds of the distant fog horns. Full service spa with pool and hot tub, and “one of the most romantic restaurants in Sonoma County”.

Terms

CANCELLATION POLICY

If you cancel for any reason the following refund schedule applies:

- 91+ days prior to trip start: A \$100 fee per person will be deducted from any refund.
- 61-90 days prior to trip start: Cancellation fee equal to 25% of trip cost
- 31-60 days prior to trip start: Cancellation fee equal to 50% of trip cost
- 0-30 days prior to trip start: No refund

TRAVEL INSURANCE

We recommend travel insurance. For more information and to purchase, go to <http://my.travelinsure.com/bsaselect>

WAIVER

All participants must complete our waiver online at <https://www.smartwaiver.com/v/bsabike2022/>

DISCLAIMER

The above itinerary is subject to change depending on a variety of factors. In every case, Black Sheep Adventures will endeavor to make you aware of changes as soon as possible, but, occasionally, changes must be made immediately prior to, or during, a departure. We strive to offer the best quality trip for each area and will make every effort to offer a comparable or better vacation. Rest assured our goal is to leave you with the best possible experience so you choose to travel with us again and tell your friends all about us. Black Sheep Adventures acts only as an agent for the various independent suppliers that provide hotel accommodations, transportation, sightseeing, activities, or other services connected with this tour. Such services are subject to the terms and conditions of those suppliers. Black Sheep Adventures and their respective employees, agents, representatives, and assigns accept no liability whatsoever from any injury, damage, loss, accident, delay, or any other incident which may be caused by the negligence, defect, default of any company or person in performing these services. Responsibility is not accepted for losses, injury, damages or expenses of any kind due to sickness, weather, strikes, hostilities, wars, terrorist acts, acts of nature, local laws or other such causes. All services and accommodations are subject to the laws and regulations of the country in which they are provided. Black Sheep Adventures is not responsible for any baggage or personal effects (including bicycles or bicycle gear) of any individual participating in the tours arranged by Black Sheep Adventures. Individual travelers are responsible for purchasing a travel insurance policy, if desired, that will cover some of the expenses associated with the loss of luggage or personal effects.

IMPORTANT NOTE ON BRINGING YOUR OWN BIKE

If you are bringing your own bike, per the above disclaimer, it is at your own risk. BSA will transport it, and our guides will endeavor to protect your bike as best they can. If you have a custom bicycle, rare bike or one that you are just terribly fond of, we encourage you to carefully consider the choice to bring it. If you do choose to bring your own bike, please ensure your homeowner’s, renter’s or trip insurance policy will cover the bike for loss to your satisfaction. Alternatively, please consider renting a bicycle from us. We have some nice full carbon and alloy road bikes for rent at a reduced rate.

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